



re:vive
M E D S P A

PRP (PLATELET RICH PLASMA) Pre and Post Care

Pre-Treatment Instructions

It is recommended to drink 1-2 liters of water prior to treatment to be hydrated for blood draw; Avoid alcohol or caffeine prior to blood draw treatment.

Post-Treatment Instructions

Apply the following:

- First 4 hours: **DO NOT wash face**
- After 4 hours first 3 days: nonallergic moisturizer/ sunblock with SPF 30 or higher
- After 48 hours: May reapply makeup
- At 5-7 days: resume active product use

For the first 4 hours after the treatment, the patient will be instructed to avoid face wash and/or application of any products

After 4 hours, a hypo-allergenic moisturizing cream may be applied to the treatment regions 2-4 times daily for 2-3 days

The use of a nonchemical (or physical) sunblock with SPF 30+ or higher is advocated (after applying moisturizer) during the first post treatment week

Warning

There may be some degree of swelling immediately post treatment.

*** Contact the office immediately for excessive swelling or any signs of infection. Signs of infection include:**

- Drainage – looks like pus
- Increased warmth at or around the treated area
- Fever of 101.5 or greater
- Extreme itching

***Please note the extreme importance of our patients strictly following the pre and post care instructions above. These instructions are vital to helping you to achieve optimal results of this procedure, and most importantly to prevent and reduce the risk of potential complications.**