



Exilis Post Treatment Considerations

Treatment with the Small Applicator

- You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer.
- Your skin may feel warm immediately after the treatment, but this will dissipate quickly.
- If you had your lower face or chin treated, you may have some tenderness in the area for a few hours or a day after.
- Treatment of the eyes may yield some swelling and patients are encouraged to sleep on two pillows for 24-48 after treatment.

Treatment with the Large Applicator

- You may experience transient erythema (redness) that will last from a few minutes to an hour or possibly longer.
- Your skin may feel quite warm for up to a few hours after treatment as deep tissue retains heat longer.
- You may feel tenderness in the treated area.
- We recommend light physical activity after treatment to help with lymphatic flow.

Additional Reminders:

- Most patients require three treatments, administered 3-4 weeks apart, to achieve desired results. Clinical results will vary per patient.
- Results can also be enhanced by good dietary habits.

Please do not hesitate to contact us with questions or concerns.