

## **DiamondGlow Post Treatment Information**

DiamondGlow is a non-invasive resurfacing treatment that uses a patented recessed diamond tip wand to deeply clean and rejuvenates the skin, resulting in clearer, more beautiful skin with little-to- no downtime. The treatment is soothing, moisturizing, non-invasive and generally non-irritating. As with mostprocedures, visible results from DiamondGlow will vary from person to person.

## What to Expect During and Immediately After Treatment

- Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- You may experience active ingredient sensations on the treatment area. These sensations generally subside within three hours of treatment.
- Client experiences may vary. Some people may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

## **Next Steps**

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- You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer lasting results, consider take- home products and monthly DiamondGlow treatments.
- The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 30 sunscreen.
- Aggressive exfoliation, waxing and products containing acids should be avoided in the treatment area for a minimum of two weeks pre- and post-treatment.
- Avoid the use of Retin-A type products pre- and post-treatment for 5-7 days.

## Good Skincare Through a Healthy Lifestyle

Maintain your skin health by following the below recommendations.

- Drink plenty of water
- Eat a balanced diet
- Take a daily vitamin
- Exercise regularly
- Get plenty of sleep
- Avoid smoking
- Avoid tanning beds
- Minimize alcohol consumption
- Manage daily stress

Contact us at 619.293.7233 your symptoms appear to worsen or if you have any questions about your treatment.