



Intense Pulsed Light (IPL) Pre-Treatment Information

Intense pulsed light is an excellent rejuvenative therapy for patients with vascular lesions such as diffuse telangiectasias, angiomas, spider veins, as well as pigmented lesions such as solar lentigines, age spots, and freckles. Non-ablative wrinkle reduction can also be performed with this device. All medical and cosmetic procedures carry risks and may cause complications.

The following are contraindications to having treatment:

- Malignant or pre-malignant pigmented lesions.
- Photosensitive medications (e.g. Alpha Hydroxyl or Glycolic Acid) within a week of treatment.
- Pregnancy.
- Known anticoagulative or thromboembolic condition or use of anticoagulation medication.
- Diabetes Type I or II
- Active infection at the site of treatment.
- Pacemaker or internal defibrillator.
- History of seizures triggered by light.
- Use of Isotretinoin (Accutane) within the past 6 months.
- Presence of a deep suntan, sunburn, or artificially toned skin. Avoid sun exposure and tanning, including self-tanning products for 2-4 weeks prior to treatment. Remove skin bronzers completely prior to treatment. A sunscreen with SPF 30 or more should be used on any treatment areas exposed to the sun. If you have recently tanned you will be instructed to stay out of the sun and return for treatment when the tan has faded.

Additional Information:

- It may take several treatments to achieve optimal results.
- Individual results may vary.

Please call should you have any questions prior to your appointment.