



Neurotoxin Pre and Post Treatment Information

Pre-Treatment Instructions

Neurotoxin are produced by the bacterium Clostridium A and are used cosmetically by relaxing muscles on areas of the face and neck that cause wrinkles associated with facial expressions. Treatment with neurotoxin can cause your facial expression line or wrinkles to soften. Areas most frequently treated are: a) glabellar area of frown lines, located between the eyes; b) crows feet (lateral areas of the eyes); and c) forehead wrinkles. Neurotoxin is injected into the muscles with a very thin needle and causes minimal discomfort. You may feel a slight burning sensation while the solution is being injected. The procedure takes about 15-20 minutes, and the results lasts on average 3-4 months. With repeated treatments, the results may last longer.

These are some contraindications to having treatment:

- Allergies to eggs, egg products, albumin.
- Significant autoimmune or neurological diseases.
- Currently taking aminoglycoside antibiotics.
- Pregnant or lactating.

These are some possible side effects:

- Some initial swelling, pain, itching, discoloration, bruising or tenderness at the injection site. You could experience increased bruising or bleeding at the injection site if you are on aspirin or other non-steroidal anti-inflammatory drugs such as Advil. These reactions generally lessen or disappear within a few days but may last for a week or longer.
- As with all injections, this procedure carries the risk of infection.

Additional Information:

- Individual results may vary.
- You can purchase Arnica over the counter at the drug store to help alleviate bruising.
- For medical reasons, photographs will be taken and documented in your confidential patient file.

Post-Treatment Instructions

- Avoid lying down for several hours following treatment.
- Avoid strenuous exercise for four hours after treatment.
- Avoid facials and saunas for four hours after treatment.
- Avoid manipulation of the area the first hour after the procedure.

- If you need to apply make-up, use only a gentle touch and avoid rubbing injection areas.



- Tiny bumps and marks at the injection sites usually disappear within a few hours.
- If you experience bruising, you can apply over-the-counter Arnica gel to speed healing.

Important Reminders:

- It usually takes 3-14 days for full treatment effects to appear.
- Results last 3-4 months on average.
- Regular treatment is necessary to maintain results, optimally done just prior to Botox wearing off.

Please do not hesitate to contact us with questions or concerns.