



### ***Novathreads PDO Life Pre-Treatment Considerations***

- Arrive 30 minutes prior to your scheduled procedure for topical numbing and pre-treatment photos.
- It is possible, though extremely unusual, to experience a bleeding episode during or after the procedure. Should bleeding occur, it may require treatment to drain accumulated blood (Hematoma). Do not take any aspirin or anti-inflammatory medications (Advil, Motrin, Ibuprofen) for ten (10) days before surgery, as this may contribute to a greater risk of bleeding. \*
- Consult your physician if your currently anti-coagulants prior to your procedure.
- Products Recommended to Complete and Optimal Skin Regiment:
  - ***SkinMedica Facial Cleanser***
  - ***TNS Recovery Complex***
  - ***Essential Defense SPF35 Post Treatment Sunscreen***
  - ***Ultrasheer Moisturizer or TNS Ceramide Treatment Cream***