



## **Vascular Laser Pre-Treatment Information**

Vascular lesions such as port wine stains, hemangiomas, telangiectasias and spider veins can be safely and effectively treated using an advanced laser without affecting the skin surface. Laser energy is absorbed by the unwanted vascular structures in the skin causing the vessels to heat up resulting in elimination of the flow through the vessel. All cosmetic procedures carry risks and may cause complications.

### **The following are contraindications to having treatment:**

- Malignant or pre-malignant pigmented lesions.
- Photosensitive medications (e.g. Retin A, Alpha Hydroxyl or Glycolic Acid) taken within a week of treatment.
- Pregnancy.
- Known anticoagulative or thromboembolic condition or use of anticoagulation medication.
- Diabetes Type I or II
- Active infection at the site of treatment.
- Pacemaker or internal defibrillator.
- Use of isotretinoin (Accutane) within the past 6 months.
- Presence of a deep suntan, sunburn, or artificially toned skin. Avoid sun exposure and tanning, including self-tanning products for 2 weeks prior to treatment. Remove skin bronzers completely prior to treatment. A sunscreen with SPF 30 or more should be used on any treatment areas exposed to the sun. If you have recently tanned you will be instructed to stay out of the sun and return for treatment when the tan has faded.

### **Additional Information:**

- Compression stockings are recommended, but not necessary, after vascular treatment on the lower extremities.
- It can take several treatments to achieve optimal results.
- Individual results may vary.

**Please call should you have any questions prior to your appointment.**