

Dermal Filler Pre and Post Care

Pre-Treatment Instructions

Dermal Filler injectable gels are FDA approved Dermal Filler and are proven to be safe and effective. This injectable gel is made of hyaluronic acid, a naturally occurring substance in your skin that helps to add volume and hydration. This filler is used for the correction of moderate to severe facial wrinkles and folds. All medical and cosmetic procedures carry risks and can cause complications. Individual results may vary.

Here are some important things to know prior to having your treatment:

- You may experience swelling, tenderness, itching, pain or bruising at the injection site and in rare occasions, pustules might form. These reactions usually only last for a few days, however, they might last for as long as two weeks. dermal filler should not be used if you have experienced hypersensitivity to it in the past, if you have severe allergies including allergies to Gram-positive bacterial proteins, as well as at any site of active inflammation or infections (e.g., cysts, pimples, rashes or hives).
- As with any injection, this procedure carries the risk of infection.
- Some visible lumps may occur temporarily following the treatment.
- Some injection related reactions include initial swelling, pain, itching, lumps, bumps, bruising or tenderness at the injection site. You could experience increased bruising or bleeding at the injection site if you are taking aspirin or other non-steroidal anti-inflammatory drugs such as ibuprofen. These reactions generally lessen or disappear within a few days but may last for a week or longer.
- If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after a dermal filler treatment, or you have recently had such treatments and the skin has not healed completely, there is a possible risk of an inflammatory reaction at the injection site.
- After treatment, within the first 24 hours you should avoid strenuous exercise, extensive sun or heat exposure and alcoholic beverages. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection sites. If there is swelling, you may need to place an ice pack over the swollen area.
- Most patients are pleased with the results of dermal filler. However, like any cosmetic procedure, there is no guarantee that wrinkles and folds disappear completely, or that you will not require additional treatments to achieve the results you



seek. While the effects of dermal filler last longer than other comparable treatments, the procedure is still temporary. Additional dermal filler injections will be required periodically, generally within 6-12 months to maintain optimal results. Longer lasting dermal filler, such as Voluma and RHA injections are typically repeated at 18-24 months to maintain optimal results.

Post-Treatment Instructions

- You may experience swelling, tenderness, itching, pain or bruising at the injection site and in rare occasions, pustules might form. These reactions usually last only a few days, however, they might last for as long as two weeks and, in appropriate cases, may need to be treated with oral short-term corticosteroids or other therapy.
- Some visible lumps may occur temporarily following the treatment.
- You could experience increased bruising or bleeding at the injection site if you are taking aspirin or other non-steroidal anti-inflammatory drugs such as ibuprofen. These reactions generally lessen or disappear within a few days but may last for a week or longer. Unless prescribed by your doctor, it is recommended you avoid these medications for several days after your treatment.
- After treatment, within the first 24 hours you should avoid strenuous exercise, extensive sun or heat exposure and alcoholic beverages. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection sites. If there is swelling, you may need to place an ice pack over the swollen area.
- Light make-up (preferably mineral make-up) and your normal skin care products can be applied and, the treated area can be gently washed with soap and water.
- If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after dermal filler, or you have recently had such treatments and the skin has not healed completely, there is a possible risk of an inflammatory reaction at the injection site.
- For treatment with **SkinVive**:
 - Avoid BBL, LaseMD, laser hair removal, chemical peels, and microneedling for 4 *weeks* after treatment with SkinVive.
 - Avoid Morpheus, Profractional laser, and Halo laser for 4 *months* after treatment with SkinVive.
 - SkinVive, Sculptra, and dermal filler (if injected in different planes) may be performed the same day.



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Please do not hesitate to contact us with questions or concerns.